

Life Enrichment Initiatives

Eskaton's life enrichment is all about connections to maintain and improve quality of life. What that means is unique to each resident, so our life enrichment is many-faceted and ever-evolving to celebrate the diverse interests and personalities of our residents and their families.

We bring generations together through our award-winning Kids Connection. We encourage creativity through therapeutic art and music. We hold a variety of events to support lifelong learning. We honor our veterans in multiple ways throughout the year. We hold special celebrations for birthdays of our many centenarians. We encourage residents to embrace technology like Skype to connect with families, friends and the community. We hold balance classes to aid in fall prevention. We bring medical teams into our communities for a new twist on old-fashioned house calls. We embrace smart-sensor technology to add yet another layer of security to living in Eskaton communities. And we welcome the companion animals of both residents and visitors.

In short, Eskaton is *transforming the aging experience*.



For more information about these programs, talk to your Eskaton community representative.

